

Hospice Bereavement Program

Grief is the response to loss, particularly to the loss of someone or something that has died, to which a bond or affection was formed.

Although conventionally focused on the emotional response to loss, it also has physical, cognitive, behavioral, social, cultural, spiritual & philosophical dimensions.

While the terms are often used interchangeably, bereavement refers to the state of loss, and grief is the reaction to that loss.



Support Group and Workshops are held the fourth Tuesday of each month at 6:30 pm at our office. Licensed Social Worker and Certified Grief Recovery Specialist Becky Greene presents on a variety of topics relating to grief and loss, followed by discussion and refreshments.

Lunch with Friends is a monthly social for those who have lost a spouse or partner. This group meets at local restaurants to offer support and companionship. Participants purchase their own meal. For lunch locations and dates, phone the Hospice office at 419-294-5787.

Children's Programs are specific to the needs of our young folks.

- Bobby's Books helps children cope with loss using children's books and creative activities.
- Hospice has certified staff to provide training for adults who work with children and wish to expand their knowledge and skills in helping children cope.

Grief Counseling is available by appointment by phoning the Hospice office at 419-294-5787. Individuals may meet privately with a grief counselor or chaplain to receive one-on-one grief support.

Grief Recovery Method is an evidence-based and effective 8-week course to help grievers deal with the pain of emotional loss in any relationship.

Becky Greene, Licensed Social Worker & Certified Grief Recovery Specialist
Steve Sturgeon, Hospice Chaplain



Wyandot Memorial Hospital Home Health & Hospice Services

105 Houpt Drive • Upper Sandusky, OH 43351 • 419-294-5787 • WyandotMemorial.org
*Keeping Our Promise to be **Your** Hospital*